



## **Denim & Sneakers Day**

**(FS to Year10)**

Dear Parents,

Greetings from **The Apple International Community School**.

As part of our Wellbeing Initiative and ongoing commitment towards promoting student and staff wellbeing, the school will be celebrating “**Denim & Sneakers Day**” on **Friday, 22nd May 2026** under the theme

**“Comfort & Connection”**

Students and staff are invited to wear:

- Denim jeans/jackets
- Sneakers/sports shoes
- Comfortable casual wear appropriate for the school environment

### **Purpose of the Initiative**

School routines and academic responsibilities can often become demanding, particularly during busy periods of the academic year. Through simple well-being-focused initiatives, the school aims to create opportunities that encourage positivity, emotional wellbeing, connection, and a sense of community among students and staff.

“Denim & Sneakers Day” is designed to:

- Promote a positive and relaxed school atmosphere
- Encourage emotional wellbeing and morale
- Strengthen positive relationships within the school community
- Foster student engagement through inclusive participation
- Reinforce the importance of balancing wellbeing alongside learning

Through this initiative, we hope to create a supportive and uplifting environment where students and staff feel comfortable, connected, and valued.

### **Guidelines:**

- Clothing must remain modest and appropriate for the school environment.
- Ripped, offensive, or unsuitable clothing is not permitted.
- Students must continue to carry all required learning materials for the school day.

We look forward to your support in making this well-being initiative enjoyable and meaningful for all.

Kind Regards,

*Pretty Khosla*

Pretty Khosla  
Principal