



## **Distance learning Structure, Schedules and Guidelines**

**(FS to Year 10)**

Dear Parents,

Greetings from **The Apple International Community School**.

As informed earlier we have **distance learning for two weeks**, from **Monday, 23 March 2026 to Friday, 3 April 2026**. Please find below the guidelines to support Distance Learning.

### **1. Expectations from students**

- Students must be online by 7:45 AM by logging into Teams for attendance marking.
- Keep all relevant study materials ready for each subject (textbook, notebook, sticky notes, and other stationery as instructed by the teacher).
- Students should follow the regular class timetable, including the designated breaks, as per the shared schedule for each key stage.
- Wear your school uniform/PE uniform and sit properly for class.
- Ensure that all necessary notes are completed in the notebook according to the subject teacher's instructions.
- Students are expected to keep their cameras turned on throughout the lessons.
- Students should remain muted unless they have something to communicate or respond to the teacher.
- Students are expected to use the chat feature responsibly and avoid misuse, unnecessary messaging, or any distractions during lessons.
- In case of absence during any lesson, students may refer to the PPTs/resources uploaded on Teams.
- Attendance in all lessons is mandatory. Skipping classes is strictly not allowed. In case of technical issues or other valid reasons, parents must inform the Section Head or Class Teacher.
- If connectivity issues arise for you or your teachers, please remain patient and cooperative.
- Discussions or conversations about the current geopolitical situation must be strictly avoided during classes.

### **2. Role of Parents:**

- Assist your child in arranging a device and ensuring a stable internet connection for their lessons if needed.
- Support your child in logging into lesson links if they are unable to do so independently.
- Designate a quiet and suitable space where your child can work on assigned tasks with minimal distractions.
- Encourage and remind your child to email their teachers with questions or if they need extra help and support.
- Inform the class teacher, copying the Section Head, via email if your child will be absent from any lesson.



- Given the sensitive regional situation, students are advised not to engage in discussions related to current events during class time. Teachers will be monitoring this, but we request parent supervision to ensure this as well.
- Connectivity challenges or technical difficulties may occasionally occur; we would appreciate patience and understanding from your end during such instances.

### **3. Role of teachers:**

- Teachers will be available online during their scheduled lessons.
- Every teacher is expected to share the PPTs/resources via Teams by the end of the day.
- Teachers will respond to queries and questions either through email or during the next day's lesson if any part of the context is unclear.



### Foundation Stage (FS1 and FS2)

- Students in FS1 and FS2 will begin their day online with circle time, followed by engaging learning sessions structured throughout the morning.
- Students/Parents will follow the Weekly Update that will be shared by Form tutors.
- Registration will be from **8:15 am to 8:30 am** each morning on the Zoom link (will be shared by the Form Tutor), and we kindly request all students to log in on time.
- Lesson resources and PPT will be available on ClassDojo in case of absence
- Teachers will deliver regular classroom lessons during these sessions, ensuring continuity of learning in a familiar and structured manner.
- The day will conclude with a **Celebration Time from 10:45–11:30 AM**, where teachers will review learning, celebrate children’s achievements, and connect with the class.
- Children will also participate in different learning activities, and further details regarding these sessions will be shared directly by your child’s class teacher.

Following Circle time and Self Registration, students will take part in online lessons that include:

Foundation Stage 1	Foundation Stage 2
<b>Live lessons will be done for the following subjects:</b>	
<ul style="list-style-type: none"><li>○ English</li><li>○ Mathematics</li><li>○ Understanding the world</li><li>○ UAE /ATW</li><li>○ Phonics</li><li>○ Life skills</li><li>○ Fine motor activities</li><li>○ PE /Aerobics</li><li>○ Art and craft</li><li>○ Story Telling</li><li>○ Music and Movement</li></ul>	<ul style="list-style-type: none"><li>○ English</li><li>○ Mathematics</li><li>○ Understanding the world</li><li>○ Arabic</li><li>○ UAE/ATW</li><li>○ Phonics</li><li>○ Life skills</li><li>○ PE /Aerobics</li><li>○ Art and craft</li><li>○ Reading (Rosen level up)</li><li>○ Music and Movement</li></ul>



The timings for lessons during the week are as outlined below:

<b>Lesson Timings in FS</b>		
<b>Monday to Friday</b>		
<b>Session</b>	<b>Time</b>	<b>Duration</b>
Circle time and Self Registration	8:15 – 8:30AM	15 mins
Lesson 1	8:30 – 9:00AM	30 mins
<b>Breakfast Break</b>	<b>9:00 – 9:30AM</b>	<b>30 mins</b>
Lesson 2	9:30 – 10:00AM	30 mins
<b>Fruit &amp; Juice Break</b>	<b>10:00 – 10:15AM</b>	<b>15 mins</b>
Lesson 3	10:15 – 10:45AM	30 mins
Celebration time	10:45 – 11:30AM	45 mins

If you require any assistance or have questions, please use the contact details provided below.

**Head of Foundation stage :** [fshead@applecommunityschool.ae](mailto:fshead@applecommunityschool.ae)

**Technical support:** [itsupport@applecommunityschool.ae](mailto:itsupport@applecommunityschool.ae)



### **Key stage 1 (Year 1 and Year 2)**

- Students will follow the timetable that will be sent by teachers.
- Registration will be from 7:45 AM to 8 AM each morning on the **Zoom** link for **Year 1** and **MS Teams** link for **Year 2** (will be shared by the Form Tutor)
- All students are expected to log in on time.
- Following registration, students will take part in online lessons following timetable.

- **Lessons will include:**

<b>Year 1</b>	<b>Year 2</b>
<b>Live lessons will be done for the following subjects:</b>	
<ul style="list-style-type: none"><li>○ English</li><li>○ Mathematics</li><li>○ Science</li><li>○ Humanities</li><li>○ Arabic</li><li>○ Islamic Studies</li><li>○ Performing Arts</li></ul>	<ul style="list-style-type: none"><li>○ English</li><li>○ Mathematics</li><li>○ Science</li><li>○ Humanities</li><li>○ Arabic</li><li>○ Islamic Studies</li><li>○ MSC/ME</li><li>○ Performing Arts</li></ul>
<b>Asynchronous lessons will be done for:</b>  (Asynchronous learning means that materials will be provided for students to complete independently within the deadlines set by their teachers. These lessons are included to help reduce students screen time.)	
<ul style="list-style-type: none"><li>○ Phonics</li><li>○ Guided Reading</li><li>○ PSHE</li><li>○ Club</li></ul>	<ul style="list-style-type: none"><li>○ Phonics</li><li>○ Guided Reading</li><li>○ PSHE</li></ul>

- Lesson resources will be available on **ClassDojo** for **Year 1** and **MS Teams** for **Year 2** for revision or in case of absence.



Lesson Timings in KS1					
Monday to Thursday			Friday		
Session	Time	Duration	Session	Time	Duration
Registration	7:45 – 8:00AM	15 mins	Registration	7:45 – 8:00 AM	15 min
Lesson 1	8:00 – 8:40AM	40 mins	Period 1	8:00 – 8:40 AM	40 min
Lesson 2	8:40 – 9:20AM	40 mins	Period 2	8:40 – 9:20 AM	40 min
<b>Breakfast Break</b>	<b>9:20 – 9:40AM</b>	<b>20 mins</b>	<b>Breakfast Break</b>	<b>9:20 – 9:40 AM</b>	<b>20 min</b>
Lesson 3	9:40 – 10:20AM	40 mins	Period 3	9:40 – 10:20 AM	40 min
Lesson 4	10:20 – 11:00AM	40 mins	Period 4	10:20 – 10:55 AM	35 min
<b>Fruit &amp; Juice Break</b>	<b>11:00 – 11:10AM</b>	<b>10 mins</b>	Period 5	10:55 – 11:30 AM	35 min
Lesson 5	11:10 – 11:50 AM	40 mins			
Lesson 6	11:50 – 12:20 AM	30 mins			
<b>Lunch Break</b>	<b>12:20– 12:40AM</b>	<b>20 mins</b>			
Lesson 7	12:40 – 1:10AM	30 mins			

If you require any assistance or have questions, please use the contact details provided below.

**Head of Key stage 1 :** [headofks1@applecommunityschool.ae](mailto:headofks1@applecommunityschool.ae)

**Technical support:** [itsupport@applecommunityschool.ae](mailto:itsupport@applecommunityschool.ae)

**Key stage 2 to 4 (Year 3 to Year 10)**

- Each day will begin with registration from 7:45–8:00 AM.
- After registration, students will attend live online lessons following their regular school timetable. Scheduled links will be available on their Teams subject channels.
- **All students are expected to read the general expectations outlined on page 1** and adhere to them strictly throughout the online classes, ensuring proper classroom decorum and uninterrupted learning.
- **Live lessons will include all subjects** except the ones listed below, which will be delivered asynchronously.
- **Asynchronous learning** means that materials will be provided for students to complete independently within the deadlines set by their teachers for that week. These lessons are included to help reduce students’ screen time.

**Subjects Delivered Asynchronously:**

Asynchronous Lesson Schedule	
Week 1	Week 2
<b>Physical Education (PE)</b>	
Y3, Y5, Y7, Y9	Y4, Y6, Y8, Y10
<b>Music/Dance (Performing Arts)</b>	
Y4, Y6	Y3, Y5
Library	
Club/ECA	
PSHE/Life Skills	
Guided Reading	
Mental Math	



The timings for lessons during the week are as outlined below:

Monday to Thursday Timings			Friday Timings		
Session	Time	Duration	Session	Time	Duration
Registration	7:45 – 8:00 AM	15 min	Registration	7:45 – 8:00 AM	15 min
Period 1	8:00 – 8:40 AM	40 min	Period 1	8:00 – 8:40 AM	40 min
Period 2	8:40 – 9:20 AM	40 min	Period 2	8:40 – 9:20 AM	40 min
<b>Breakfast Break</b>	<b>9:20 – 9:40 AM</b>	<b>20 min</b>	<b>Breakfast Break</b>	<b>9:20 – 9:40 AM</b>	<b>20 min</b>
Period 3	9:40 – 10:20 AM	40 min	Period 3	9:40 – 10:20 AM	40 min
Period 4	10:20 – 11:00 AM	40 min	Period 4	10:20 – 10:55 AM	35 min
<b>Fruit &amp; Juice Break</b>	<b>11:00 – 11:15 AM</b>	<b>15 min</b>	Period 5	10:55 – 11:30 AM	35 min
Period 5	11:15 – 11:55 AM	40 min			
Period 6	11:55 – 12:35 PM	40 min			
<b>Lunch Break</b>	<b>12:35 – 12:55 PM</b>	<b>20 min</b>			
Period 7	12:55 – 1:35 PM	40 min			
Period 8	1:35 – 2:15 PM	40 min			

If you require any assistance or have questions, please use the contact details provided below.

**Head of Key stage 2:** [headofks2@applecommunityschool.ae](mailto:headofks2@applecommunityschool.ae)

**Head of Key stage 3 & 4:** [leena.b@applecommunityschool.ae](mailto:leena.b@applecommunityschool.ae)

**Technical support:** [itsupport@applecommunityschool.ae](mailto:itsupport@applecommunityschool.ae)

**\*\* We understand that this is an unusual and sensitive time for everyone. With continued cooperation, reassurance, and consistent routines, we can work together to ensure that learning remains safe, smooth, and effective for all students.**

The safety and wellbeing of our school community remain our highest priority. **We will continue to keep you informed of any further developments.**

We sincerely thank our parent community for your continued trust, understanding, and cooperation.  
**Stay safe, stay strong!**

Kind Regards,

*Pretty Khosla*

Pretty Khosla  
Principal